Information

Tuck Shop Schedule

The Shop is open for business Mondays, Wednesdays and Fridays in the **Front Lounge** at 10:00am

Exercise Equipment

Exercise Equipment is available in the **Lifestyle Office** for use/sign out. Please see Amber for more information

Leisure Binder

Check the leisure binder located at the **front desk** often for special events, outings and activities to sign up for!

Barrie Public Library Books

Large print Barrie Public Library books are always available in the **Lifestyle Office**

Management Staff Listing

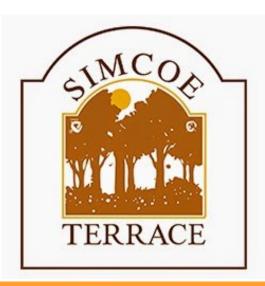
Michael Ayers, General Manager - michael@simcoeterrace.com

Theresa Abreu, Office Manager - theresa@simcoeterrace.com

Monica Mosher, RPN, Director of Wellness - monica@simcoeterrace.com

Darlene Guirey, Dietary Manager - darlene@simcoeterrace.com

Amber Head, Lifestyle Consultant - amber@simcoeterrace.com



Símcoe Terrace Retírement Residence

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Simcoe Terrace Retirement Residence August 2016 Issue





The Terrace Tribune

Dog Days of Summer...



Message from the GM

"August is like the Sunday of Summer"

-Ellen Degeneres

August is here and this summer has been one for record heat. Reminding everyone to drink plenty of fluids and to not forget your hat and sunscreen when heading outside!

In early September, Simcoe Terrace is looking forward to having some new furniture in our dining room, lounges and computer area.

We are also looking forward to a couple of exciting events to round out the summer: Elvis will pay us a visit in August and our annual family BBQ will be held on September 15th this year. Be on the lookout for your invites to the BBQ!

If you don't already have your email on our mailing list, you can add it by sending an email to amber@simcoeterrace.com.

Have a wonderful month,

Michael Ayers,

General Manager

Welcome to the Terrace!

Glen Rawn

Geraldine Berry

Silvia Andrews

Danny McLean

Gladys Gervais

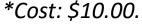
Joan Johnston

Edward Hewitt

August Outings

Little Lake Fishing and Lunch Trip!

Wednesday, August 10th at 10:30am Join us for a day of boatin', fishin' and BBQn'!



Walmart Shopping and Danny's Fish and Chips

Tuesday, August 23rd at 10:45am

Sit down with us to delicious lunch at Danny's after shopping til you drop at Walmart!

Cost: \$5.00

Sign up for all outings at the front desk!

August Resident Council News

Bank Balance to begin August: \$1962.00

Movies in August will played in the North Lounge Library on the following days:

Tuesdays at 2:30pm

Thursdays at 2:00pm

Fridays at 7:00pm

All requests are welcome!

Please continue to use the suggestion box in the front lounge, we love hearing from you!

Thanks for your continued support!

Highlights of the Month

Elvis is in the Building!

Thursday August 18th

We will start the festivities with a BBQ lunch at 11:30, followed by a performance by the King from 1:00pm to 2:30!

Hold onto your socks, this is going to be good!

We welcome multiple time award winning Elvis Tribute Artist Bruce Andrew Stewart and his sidekick, the beautiful Blaze to help entertain.

You don't want to miss this!

See you there!



Keep an eye on the Cal-

Monday, August 1st—Civic Day Statutory Holiday

Friday, August 5th to 21st—Olympic Games in Rio

Wednesday, August 10th—Little Lake Fishing Trip!

Friday, August 12th—Program Planning with Amber

Friday, August 12th—Ladies Only Social: Wine & Cheese, Please!

Wednesday, August 17th—Menu Chat with Darlene

Thursday, August 18th—ELVIS in the House!

Monday August 22nd and Monday August 29th— Foot Care in the Hair Salon

Tuesday, August 23rd—Walmart Shopping and Danny's Fish and Chips! Mmmm\

Friday, August 26th—Toothpicks Dental Visit—See Amber to get signed up!

Tuesday, August 30th—Men's Breakfast (Invite Only!)

Wednesday, August 31st—Resident General Meeting



Resident's Corner

Stones, Flowers and Signs for July Babies

Gladiolus, Strength, Moral Integrity,

Remembrance, Infatuation. This long lasting flower comes in a variety of colours.

Peridot is said to host magical powers and healing properties to protect against nightmares and to bring the wearer power, influence, and a wonderful year.

Zodiac Signs:

Leo: July 23rd to August 22nd

Virgo: August 23rd to September 22nd

Lucky Numbers: 9 56 21 32 54 37

Join us on Monday, August 29th in the Activity
Room at 2:00pm for the August Babies Birthday
Party with Eileen Hennessey!

Cake and ice cream will be served!



Robert P. Aug. 6th

Mabel T. Aug. 8th

Fred M. Aug. 10th

Doreen W. Aug. 12th

Helen B. Aug. 13th

Robin W. Aug. 16th

Gil A. Aug. 19th

Thelma W. Aug. 22nd

Joan Wil. Aug. 26th

Bea B. Aug. 28th

Athletes of the Month!

Can you beat these amazing achievements? Prove it!

Darts:

Ladder Ball, Best 2 of 3:

Iona S. with a total month score of 276!

Red team won! (Iona, Evelyn, Ina)

Carpet Bowling:

Bean Bag Toss:

Evelyn F. with a total month score of 68!

Evelyn F. with a total month score of 593!

Shuffleboard:

Table #1: Gloria D. total moth score of 3631! Table#2: Evelyn F. total month score of 4217!