

## Information

### Tuck Shop Schedule

The Shop is open for business Mondays, Wednesdays and Fridays in the **Front Lounge** at 10:00am

### Exercise Equipment

Exercise Equipment is available in the **Lifestyle Office** for use/sign out. Please see Amber for more information

### Leisure Binder

Check the leisure binder located at the **front desk** often for special events, outings and activities to sign up for!

### Barrie Public Library Books

Large print Barrie Public Library books are always available in the **Lifestyle Office**

## Management Staff Listing

Michael Ayers, General Manager - [michael@simcoeterrace.com](mailto:michael@simcoeterrace.com)

Theresa Abreu, Office Manager - [theresa@simcoeterrace.com](mailto:theresa@simcoeterrace.com)

Monica Mosher, RPN, Director of Wellness - [monica@simcoeterrace.com](mailto:monica@simcoeterrace.com)

Darlene Guirey, Dietary Manager - [darlene@simcoeterrace.com](mailto:darlene@simcoeterrace.com)

Amber Head, Lifestyle Consultant - [amber@simcoeterrace.com](mailto:amber@simcoeterrace.com)



*Simcoe Terrace*

*Retirement Residence*

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## Simcoe Terrace Retirement Residence

August 2016 Issue



## The Terrace Tribune

*Dog Days of Summer...*



## Message from the GM

*“August is like the Sunday of Summer”*

*-Ellen Degeneres*

August is here and this summer has been one for record heat. Reminding everyone to drink plenty of fluids and to not forget your hat and sunscreen when heading outside!

In early September, Simcoe Terrace is looking forward to having some new furniture in our dining room, lounges and computer area.

We are also looking forward to a couple of exciting events to round out the summer: Elvis will pay us a visit in August and our annual family BBQ will be held on September 15th this year. Be on the lookout for your invites to the BBQ!

If you don't already have your email on our mailing list, you can add it by sending an email to [amber@simcoeterrace.com](mailto:amber@simcoeterrace.com).

*Have a wonderful month,*

**Michael Ayers,**

General Manager

## Welcome to the Terrace!

**Glen Rawn**

**Silvia Andrews**

**Gladys Gervais**

**Edward Hewitt**

**Geraldine Berry**

**Danny McLean**

**Joan Johnston**

## August Outings

### **Little Lake Fishing and Lunch Trip!**

*Wednesday, August 10th at 10:30am*

*Join us for a day of boatin', fishin' and BBQn'!*

*\*Cost: \$10.00.*

### **Walmart Shopping and Danny's Fish and Chips**

*Tuesday, August 23rd at 10:45am*

*Sit down with us to delicious lunch at Danny's after shopping til you drop at Walmart!*

*Cost: \$5.00*

*Sign up for all outings at the front desk!*



## August Resident Council News

Bank Balance to begin August: \$1962.00

Movies in August will played in the North Lounge Library on the following days:

Tuesdays at 2:30pm

Thursdays at 2:00pm

Fridays at 7:00pm

All requests are welcome!

Please continue to use the suggestion box in the front lounge, we love hearing from you!

Thanks for your continued support!

# Highlights of the Month

## Elvis is in the Building!

Thursday August 18th

We will start the festivities with a BBQ lunch at 11:30, followed by a performance by the King from 1:00pm to 2:30!

Hold onto your socks, this is going to be good!

We welcome multiple time award winning Elvis Tribute Artist Bruce Andrew Stewart and his sidekick, the beautiful Blaze to help entertain.

You don't want to miss this!

See you there!



## Keep an eye on the Cal-

- Monday, August 1st—Civic Day Statutory Holiday
- Friday, August 5th to 21st—Olympic Games in Rio
- Wednesday, August 10th—Little Lake Fishing Trip!
- Friday, August 12th—Program Planning with Amber
- Friday, August 12th—Ladies Only Social: Wine & Cheese, Please!
- Wednesday, August 17th—Menu Chat with Darlene
- Thursday, August 18th—ELVIS in the House!
- Monday August 22nd and Monday August 29th— Foot Care in the Hair Salon
- Tuesday, August 23rd—Walmart Shopping and Danny's Fish and Chips! Mmmm\
- Friday, August 26th—Toothpicks Dental Visit—See Amber to get signed up!
- Tuesday, August 30th—Men's Breakfast (Invite Only!)
- Wednesday, August 31st—Resident General Meeting



# Resident's Corner

## Stones, Flowers and Signs for July Babies

**Gladiolus**, Strength, Moral Integrity, Remembrance, Infatuation. This long lasting flower comes in a variety of colours.

**Peridot** is said to host magical powers and healing properties to protect against nightmares and to bring the wearer power, influence, and a wonderful year.

**Zodiac Signs:**

**Leo:** July 23rd to August 22nd

**Virgo:** August 23rd to September 22nd

**Lucky Numbers:** 9 56 21 32 54 37

Join us on Monday, August 29th in the Activity Room at 2:00pm for the August Babies Birthday Party with Eileen Hennessey!

Cake and ice cream will be served!



Robert P.	Aug. 6th
Mabel T.	Aug. 8th
Fred M.	Aug. 10th
Doreen W.	Aug. 12th
Helen B.	Aug. 13th
Robin W.	Aug. 16th
Gil A.	Aug. 19th
Thelma W.	Aug. 22nd
Joan Wil.	Aug. 26th
Bea B.	Aug. 28th

# Athletes of the Month!

Can you beat these amazing achievements?

Prove it!

<b>Darts:</b>	<b>Ladder Ball, Best 2 of 3:</b>
Iona S. with a total month score of 276!	Red team won! (Iona, Evelyn, Ina)
<b>Carpet Bowling:</b>	<b>Bean Bag Toss:</b>
Evelyn F. with a total month score of 68!	Evelyn F. with a total month score of 593!
<b>Shuffleboard:</b>	
Table #1: Gloria D. total moth score of 3631! Table#2: Evelyn F. total month score of 4217!	